In addition to the Elements of Art, this lesson will cover two Principles of Design: Balance and Rhythm/Movement. **Balance** is when a piece of artwork is created that incorporates a symmetrical or asymmetrical design. **Rhythm/movement** is using a recurring design or element that moves the viewers eye around the piece. We will also be including two Elements of Art, shape and color!

**MATERIALS**

- Colored Pencils or Oil Pastels
- White Paper
- Pencil
- Card stock, cardboard, or sturdy paper
- Scissors
- Sharpie (optional)

**STEP ONE**

Start by drawing your stencil on your cardboard or card stock. Be creative!

**STEP TWO**

Once you have your object drawn, use your scissors to cut out your stencil.

**STEP THREE**

Use a pencil to begin tracing around your new stencil on the white sheet of paper.

**Tip:** This is where you be considering movement and balance. Make sure to fill the page and overlap your stencil! How does your eye follow the lines you have drawn around the page?

**STEP FOUR**

Next, use your colored pencils to start filling in each shape. Take note of where your shapes overlap and in those areas use both colors to create a new blended color!

**Tip:** Go through with a pencil and label what color each main section will be. This will help you keep track of where to have solo colors and which areas will be blended to create a new color.

**STEP FIVE**

Optional: After you are finished creating your colorful composition, use a Sharpie or black marker to re-trace your original shapes. This will help to accentuate the new blended colors you created!

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